

## BASANTI DEVI COLLEGE Psychological Counseling Cell & IOAC



## In Collaboration With CCSSS, Jadavpur University

A One Day Workshop On Stress Management



Dr. Samar Kumar Mondal Professor, Coordinator (CCSSS)



Mr. Sukanta Mitra
Psychological Counsellor
(CCSSS)



Tuesday, 18th February, 2025 11.30am To 2.30pm College Auditorium