



# BASANTIDEVI COLLEGE

Established in 1959  
(Government Sponsored)  
NAAC accredited  
ISO 9001: 2015 Certified

## BEST PRACTICE- 1

### Title of the Practice: Holistic Development of Students through Skill Based learning

#### Objectives of the Practice:

- Support the physical well-being of the students to keep them healthy and to improve the quality of their lives.
- Stimulate the intellectual well-being of the students to keep them inspired with a sound mind to attain their goals.
- Promote the emotional well-being of the students to help them maintain emotional balance and a sense of fulfillment in life.
- Enhance the social well-being of the students to successfully interact in the community and contribute to its development.
- Facilitate career and employability skills development for a rewarding future.

#### The Context

The college ensures Holistic development of the students in multiple dimensions – cognitive, emotional, physical, and social and thus focuses on areas beyond simple content accumulation in the respective subjects of the classes. To tackle future challenges more concentration is given on skill based learning like Creativity and Innovation Skills, Adaptability Skills, Communication Skills, Collaboration Skills, Leadership Skills, Problem Solving Skills etc.

#### The Practice

- The skill based activities which are carried out for Physical Well-Being of the students are-
  - Yoga & Meditation
  - Self Defense Training
  - Aerobics & Physical Fitness
  - Certificate course on Life Skills



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## ➤ **Students Activities for Intellectual Well-Being-**

- Workshops, Seminars/webinars, debates, paper presentations, quiz programmes, debate and competitions.
- Implementation of Outcome based learning(OBE).
- Well Equipped Library Facility
- Mentoring System
- Certificate course on spoken English, Communicative German, Functional English, Communicative Sanskrit.
- Remedial Classes

## ➤ **The college offers various skill based activities for Spiritual & Emotional Well-Being like-**

- Certificate Course on Life & Work of Sister Nivedita & Swami Vivekananda
- Effective Mentoring and counseling
- Certificate course on Peace & Value Education
- Stress Management
- Peace & Value Education
- Certificate Course on Human Rights Education
- Certificate course on Empathy and Emotional Intelligence
- Understanding & Managing Performance Anxiety
- Mental Health First Aid

## ➤ **For Social Well Being the college offers**

- Vaccination drive during COVID-19 Pandemic
- Certificate course on Adjustment skill
- Various Extension & Outreach Programs through NCC & NSS
- Seminars & Special Lectures on social issues

147B Rash Behari Avenue, Kolkata – 700029

**Call:** (033) 2463-0845 / 2464-1012/ 2419-7449

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➤ **In order to develop the Career & Employability Skills among students, the Placement Cell of the college organizes-**

- Career counseling session
- Online Training on various Competitive Examinations through Entry-in – Service Portal.
- Certificate course on Personality Development
- Certificate course on Professional & Social Skills
- Certificate Course on Know Yourself: An Introductory Course in Soft Skills Development..

## **Evidence of Success**

- About 56% of total number of students enrolled in various skill based programmes & successfully completed the programmes.
- The mentoring system and counseling sessions administered by the College helped the students to tide over the multiple struggles they confronted with.
- The students spent more hours in the library and were positive towards special classes.
- Near about 30% of outgoing students placed in different companies & progressed to higher education.
- The student community responded positively to the various initiatives of the college.

## **Problems Encountered and Resources Required**

- It has been observed that some students, who need counseling or who have been recommended for counseling by the mentors are reluctant for counseling. Hence, counseling cannot be made mandatory.
- Some students have to do part time jobs to support their family therefore they couldn't participate in the college activity.

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