



11. Seminar on Mental Health Awareness Fallacies and Challenges

Name of the Program	Seminar on Mental Health Awareness Fallacies and Challenges
Resource Person	1.Dr. Sadhan Dasgupta, Former Professor, Dept. of Applied Psychology, University of Calcutta 2.Dr. GautamKm Bandyopadhyay Professor & Head, Department of Psychiatry, Medical College & Hospital, Kolkata
Organising Department	Department of Psychology in collaboration with the IQAC, & Psychological Counselling Cell, Basanti Devi College
Venue	College Auditorium
Date	31.03.2022
Beneficiaries	100

Report of the Program

On March 31, 2022, the Department of Psychology, in collaboration with the IQAC and the Psychological Counselling Cell of Basanti Devi College, hosted a seminar titled "Mental Health Awareness: Fallacies and Challenges" at the College Auditorium. The seminar featured two distinguished speakers: Dr. Sadhan Dasgupta, Former Professor of Applied Psychology at the University of Calcutta, and Dr. Gautam K.M.

Indrila Guha

Dr. Indrila Guha
Principal
Basanti Devi College



Bandyopadhyay, Professor & Head of the Department of Psychiatry at Medical College & Hospital, Kolkata.

Dr. Dasgupta opened the seminar with a discussion on common misconceptions about mental health, addressing the stigma surrounding mental illness and emphasizing the importance of accurate mental health information. Dr. Bandyopadhyay followed with an in-depth exploration of the challenges faced in mental health care, including issues of accessibility, the need for integrated mental health services, and the role of community support.

The seminar, attended by 100 participants including students, faculty, and mental health professionals, provided a comprehensive overview of mental health issues, aiming to bridge gaps in understanding and promote effective strategies for mental health awareness and support. Attendees praised the seminar for its enlightening content and practical advice, which fostered a greater appreciation of mental health complexities and the need for informed advocacy.

Indrila Guha

Dr. Indrila Guha
Principal
Basanti Devi College



Highlights of the Program



Resource Person Dr. Sadhan Dasgupta giving his presentation



Students Poster presentation

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Principal
Basanti Devi College



Poster/Brochure



Basanti Devi College

NAAC REACCREDITED B+ (3rd Cycle)
A Government Sponsored Premier Girls College in Kolkata
Affiliated to University of Calcutta

Department of Psychology

In Collaboration with IQAC and Psychological Counselling Cell

Invites All To A Pannel Discussion On

Mental Health Awareness: Fallacies and Challenges

SPEAKERS



Dr. Sadhan Dasgupta
Former Professor
Department of
Applied Psychology
University of Calcutta



Dr. Gautam Kumar Bandyopadhyay
Professor and Head
Department of Psychiatry
Medical College and Hospital
Kolkata

31ST MARCH, 2022 12:00NOON TO 02:00PM
COLLEGE AUDITORIUM (ROOM NO 309)

Indrila Guha

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Principal
Basanti Devi College